

# Josephine K. Ngo, PA-C

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## **EDUCATION**

### **Master of Physician Assistant Studies**

University of Nebraska Medical Center Physician Assistant Program

- ❖ Physician Assistant Class of 2020 Vice President

**2018 - 2020**

Omaha, Nebraska

### **Bachelor of Science in Medical Microbiology**

Idaho State University

- ❖ Minor in Spanish
- ❖ Dean's List

**2013 – 2017**

Pocatello, Idaho

## **WORK EXPERIENCE**

### **Foot and Ankle & Hand, Wrist, and Elbow Surgery Physician Assistant      February 2024 - Present**

University of Colorado School of Medicine

- ❖ Practice as surgical, inpatient, and clinical assist to Dr. Marissa Jamieson and Dr. Andrew Federer
- ❖ Assist with pre-operative management, write orders, complete rounding, and perform admission and discharge work in the hospital setting
- ❖ Assist in various surgeries including bunionectomies, fixations of fractures, plantar fasciotomies, osteotomies, ankle arthroscopies, fusions, tendon and ligament repairs and reconstructions, nerve repairs, toe and finger amputations, cyst and neuroma excisions, carpal tunnel and cubital tunnel releases, trigger finger releases, thumb carpometacarpal arthroplasties, and irrigation and debridement
- ❖ Demonstrates ability to stand in long surgeries, drape and position patients, and assist with incision closure
- ❖ On call for the emergency department and hospital inpatient setting for orthopedic-related concerns
- ❖ Exhibits autonomy and clinical responsibility with maintaining independent clinics that include pre-operative, post-operative, and non-operative patients
- ❖ Performs injections of small joints and tendon sheaths in feet, ankles, hands, and wrists
- ❖ Performs splinting of lower extremities and upper extremities
- ❖ Performs closed reductions of ankles
- ❖ Completed peer-to-peer reviews with insurance companies to approve patient diagnostic tests and therapies

### **Orthopedics Adult Reconstructive Surgery Physician Assistant**

**June 2021 – September 2023**

Nebraska Medicine

Omaha, Nebraska

- ❖ Practiced as surgical, inpatient, and clinical assist to Dr. Kevin Garvin, Dr. Curtis Hartman, Dr. Beau Kildow, Dr. Beau Konigsberg, and Dr. Chris Deans
- ❖ Counseled patients on weight loss in order to meet requirements for operative treatment
- ❖ Assisted with pre-operative management, write orders, complete morning rounding, and perform admission and discharge work in the hospital setting
- ❖ Assisted in primary hip and knee arthroplasty surgeries, 1- and 2-stage hip and knee arthroplasty revisions, periacetabular osteotomies, fracture fixations, gluteal tendon repairs, and incision and drainage surgeries
- ❖ Demonstrated ability to stand in long surgeries, drape and position patients, and assist with incision closure

- ❖ Exhibited autonomy and clinical responsibility with maintaining independent clinics once a week that include pre-operative, post-operative, and non-operative patients
- ❖ Worked closely with orthopedic residents and medical students
- ❖ Performed arthrocentesis of knee joints and trochanteric bursa injections
- ❖ Certified in performing Iovera cryotherapy procedures
- ❖ Managed postoperative warfarin dosing
- ❖ Performed telemedicine visits if unable to be seen in clinic

### **Emergency Medicine Scribe**

**July 2017 - June 2018**

University of Nebraska Medical Center

Omaha, Nebraska

- ❖ Documented 3,500+ patients' medical history, test results, and vital statistics while working alongside clinicians at a level 1 trauma center
- ❖ Effectively communicated to emergency providers the status of their patients
- ❖ Maintained prompt and organized responses in a high-stress work environment

### **Home Health Aide**

**August 2016 - July 2017**

24/7 Pro Solution

Pocatello and Boise, Idaho

- ❖ Cared for clients by assisting with their personal care, performing house chores, and cultivating mental health wellbeing
- ❖ Maintained records of patient care, condition, and progress

## **ACADEMIC MEDICINE**

### **APP Orthopaedic Clinical Preceptor**

**October 2021 - September 2023**

- ❖ Volunteered as a clinical preceptor for approximately 10 physician assistant and nurse practitioner students during their orthopaedic surgery clinical rotations

## **PROFESSIONAL LICENSES, CERTIFICATIONS, AND AFFILIATIONS**

- ❖ Colorado Physician Assistant License **2023 - present**
- ❖ NCCPA Certified Physician Assistant **2021 - present**
- ❖ Basic Life Support for Healthcare Providers (BLS) **2019 - present**
- ❖ Advanced Cardiac Life Support (ACLS) **2019 - present**
- ❖ Nebraska Physician Assistant License **2021 - 2023**

## **MEMBERSHIPS**

- ❖ American Academy of Physician Assistants **2022 - present**
- ❖ Nebraska Academy of Physician Assistants **2022 - present**
- ❖ Nebraska Academy of Physician Assistants Diversity Committee **2022 - 2023**
- ❖ Nebraska Medicine PA Diversity, Equity, and Inclusion Committee **2022 - 2023**

## **CONFERENCES AND PROFESSIONAL DEVELOPMENT**

- ❖ Arthrex Foot and Ankle Physician Assistant/Nurse Practitioner Course **2024**
- ❖ 1st Annual Colorado Hand & Upper Extremity Review Course **2024**
- ❖ Nebraska Academy of PA Health Equity ECHO Quality Improvement Project **2022 - 2023**
- ❖ American Academy of Physician Assistants Conference **2023**
- ❖ Harvard Medical School Sports Medicine Conference **2022**
- ❖ 4th Annual Advanced Practice Provider Conference **2021**

## **VOLUNTEER**

❖ Nebraska Medicine Advanced Practice Provider Volunteer Committee	<b>2022 - 2023</b>
❖ Orthopedic surgery shadowing experiences for college students	<b>2021 - 2023</b>
❖ Native American Middle School Casting Workshop	<b>2023</b>
❖ Nursing home window mural painting during the pandemic	<b>2020</b>
❖ Endless Journey Hospice volunteer	<b>2017 - 2018</b>
❖ Medical mission trip to Costa Rica	<b>2017</b>